

**Cranborne with Boveridge, Edmondsham,  
Wimborne St Giles, and Woodlands**

## QUINTET NEWSLETTER

FEBRUARY 2018



### The Rector writes:

February 2018

A friend of mine recently put on Facebook a comic T-shirt that said *"My body is a Temple, ancient and crumbling, probably cursed, harbouring an unspeakable horror"*. I do appreciate that the caption is not likely to be at all amusing to those whose bodies, through no fault of their own, trap them inside serious illness or the onslaught of age. I apologise if there is any upset caused to people in such situations. The joke, such as it is, is not aimed at them but at those of us who choose to ignore the needs of our bodies for a balanced diet, a good amount of sleep and sensible exercise.

Why do I even bother to raise the subject? I am not setting myself up as a health guru but trying to emphasise the point that even when we know what to do for the best, we still find it very hard to resist our appetites and do it. That is true about physical things and it is no less true of the way we can neglect our mental and spiritual well-being. A lot of people try a time-limited goal - 'dry January' or 'veg-anuary' to give up alcohol or meat for a fixed time. February sees the start of Lent (this year beginning on Valentine's Day) and traditionally people give things up for Lent.

I have never been very motivated by the idea of giving up things. I prefer to frame the challenge for myself as taking on a positive goal. If there is a worthwhile achievement then we can put up with quite a lot. Can I encourage you to think perhaps about journeying through Lent by combining something physical (giving up certain foods for example) with focusing on building up your mental and spiritual well-being? It may be that you decide to spend a set time each day being still and meditative, perhaps with music or prayer as a focus. It may be that you decide to wrestle with one of life's big questions. Whatever you do, acknowledging your soul and feeding it may be a refreshing eye-opener if you have neglected it the way many of us have done our bodies!

**Reverend Robert Simpson**

**The Rectory, Grugs Lane, Cranborne BH21 5PX  
01725 517232 e-mail: quintetrector3@gmail.com**

*Do please let the Rector know if you would like him to visit,*

*whether to discuss some particular matter in confidence, or in the case of illness or infirmity, to visit someone in hospital or just for a chat. Alternatively, you are welcome to come to the Rectory – formal appointments are not necessary, but it's helpful to phone beforehand if you can*

### **From the Parish Registers**

#### **Baptism**

***"We receive this child into the congregation of Christ's flock"***

17<sup>th</sup> December at Cranborne:

Ada May Packman

#### **Funerals**

***"Rest eternal grant unto them, O Lord"***

8<sup>th</sup> January - Funeral at St Giles church followed by burial  
St Giles cemetery:

Allan T.P. Cooper

11<sup>th</sup> January - Funeral at Woodlands:

Yvonne Bamsey

## **Charity of the Month**

The result of the December collection for **Dorset Nightstop** and for the January collection for **Salisbury Women's Refuge** will be announced in due course.

Our **February** collection will be in support of the **Christian Aid Yemen Crisis Appeal**.

### **A thank-you from Save the Children:**

-----A huge thank you for fundraising £295.07 in aid of our **East Africa Food Crisis Appeal**. The scale of this emergency is staggering. Back to back droughts, failed rains and war have left 22 million people critically short of food. But since we launched our appeal several months ago, our teams have been working tirelessly to support children and their families across East Africa. Thanks to the phenomenal response from supporters like you, we have already reached over one million people in Somalia and provided food, water and vital healthcare to families in Kenya and Ethiopia

We were pleased to receive this specific news about the sort of help our donation to Save the Children (our October Charity of the Month) will have achieved --- and it reminds us that thanks to you our Charity of the Month can make a small but significant difference in many different ways.

## Church Services in FEBRUARY

\*Please note additional services this month

### \*Friday 2<sup>nd</sup> February

7.00pm Quintet Communion

### Candlemass

Edmondsham

### Sunday 4<sup>th</sup> February      2<sup>nd</sup> before Lent - Sexagesima

8.00 Holy Communion      Edmondsham

9.30 Parish Communion      Woodlands

11.00 High Mass      Wimborne St Giles

6.00 Evensong      Cranborne

### Sunday 11<sup>th</sup>      Sunday before Lent - Quinquagesima

8.00 Holy Communion      Wimborne St Giles

9.30 Parish Communion      Cranborne

6.00 Bible Study Group      9 Caradon Place, Verwood

### \*Wednesday 14<sup>th</sup>

### Ash Wednesday

10am Holy Communion      Woodlands

7.00pm Quintet Communion      Edmondsham

### Sunday 18<sup>th</sup>      Lent 1

8.00 Holy Communion      Woodlands

9.30 Parish Communion      Edmondsham

11.00 Matins      Cranborne

6.00 Lent Evensong      Wimborne St Giles

### \*Tuesday 20<sup>th</sup>

7pm Holy Communion      Wimborne St Giles

### \*Thursday 22<sup>nd</sup>

Time to be confirmed: Stations of the Cross – Woodlands

### Sunday 25<sup>th</sup>      Lent 2

8.00 Holy Communion      Cranborne

9.00am Breakfast Church followed by -----

9.30 Parish Communion      Wimborne St Giles

11.00 Family Service      Edmondsham

6.00 United Lent Evensong      Woodlands

### \*Tuesday 27<sup>th</sup>

7pm Holy Communion      Wimborne St Giles

### Sunday 4<sup>th</sup> March      Lent 3

8.00 Holy Communion      Edmondsham

9.30 Parish Communion      Woodlands

11.00 High Mass      Wimborne St Giles

6.00 Lent Evensong      Cranborne

Wednesdays 10.00am Holy Communion at Woodlands

## **This month in the Quintet Group**

Mon 5<sup>th</sup> 2.30pm      **Prayer Group**  
The Old Vicarage, Cranborne

Mon 12<sup>th</sup> 12 00 noon      **Quintet Lunch Club**  
Cranborne Garden Centre

Wed 14<sup>th</sup> 10.30am      **Coffee morning and cake sale**  
Woodlands Village Hall

Mon 26<sup>th</sup> 10 – 12 noon      **Quintet Coffee Club**  
Cranborne Sports Club

## **Quintet Church Diary 2018**

Copies of this useful diary are still available to buy for a minimum donation of £1 please.

Thanks to local advertisers all proceeds go to church funds.

## **Woodlands Methodist Church**

**Minister** The Rev'd Nigel Deller

12, Spring Close, Verwood BH31 6LB (01202 822212)

*Coming Events and Services: Everyone welcome*

More information: phone 01202 822066 or visit

[www.woodlandsmethodistdorset.org.uk](http://www.woodlandsmethodistdorset.org.uk)

### **Sunday 4<sup>th</sup>**

10.45 Morning Service

*Rev Sue Lichfield*

6pm Evening Service

*Rev Nigel Deller*

### **Sunday 11<sup>th</sup>**

10.45 Holy Communion

*Rev Nigel Deller*

6pm Worship for You

*Rev David Hollingsworth*

"New For Old" – followed by tea/coffee and cake

### **Sunday 18<sup>th</sup>**

10.45 Morning Service

*Mr Brian Sturtridge*

6pm Evening Service

*Mr Eric Brown*

### **Sunday 25<sup>th</sup>**

10.45 Morning Service

*Rev Robert McBain*

6pm United Service

*Parish Church*

*Rev Gwyneth Owen and Rev Robert Simpson*

### **COFFEE MORNINGS:**

**1st and 3rd Thursday each month**

**10.00am to 11.30am Bring & Buy, Raffle, Book sales.**

### **QUIET TIME**

**Monday 5<sup>th</sup>      6.30 to 7pm**

**An informal time of prayer together. All are welcome**

### **SOCIAL EVENT**

**Beetle Drive: Friday February 23<sup>RD</sup> at 7.30pm**

**£3.00 entry – plus extra for fish and chips. Orders to**

**Brian by February 19<sup>th</sup> at the latest - phone 01202 822066**

For more Quintet news go to [www.dorsetquintet.org.uk](http://www.dorsetquintet.org.uk)

Any news or contributions for future editions please to  
Averil Cubitt 01202 828797 [averilcubitt@gmail.com](mailto:averilcubitt@gmail.com) by  
the 15<sup>th</sup> of the month

**NB:** The Cranborne Chase AONB (Area of Outstanding Natural Beauty) Partnership is looking to appoint an independent Chairman.. **For more information see their website: <http://www.ccwwdaonb.org.uk/>**